

2023 EDUCATION CALENDAR AT A GLANCE

JANUARY	FEBRUARY	MARCH
<ul style="list-style-type: none"> • 10: NATIONAL BLOOD DONOR MONTH 	<ul style="list-style-type: none"> • 7: ORAL, DENTAL+ MOUTH HEALTH 	<ul style="list-style-type: none"> • 7: EXERCISE, NUTRITION & WEIGHT
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<ul style="list-style-type: none"> • 24: EYE CARE 	<ul style="list-style-type: none"> • 21: HEART HEALTH 	<ul style="list-style-type: none"> • 21: STROKE LITERACY
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<ul style="list-style-type: none"> • <i>Recipe of the Month</i> 	<ul style="list-style-type: none"> • <i>Recipe of the Month</i> 	<ul style="list-style-type: none"> • <i>Recipe of the Month</i>
APRIL	MAY	JUNE
<ul style="list-style-type: none"> • 4: ALCOHOL AWARENESS 	<ul style="list-style-type: none"> • 9: MENTAL HEALTH 	<ul style="list-style-type: none"> • 6: MEN'S + WOMEN'S HEALTH
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<ul style="list-style-type: none"> • 18: STRESS AWARENESS 	<ul style="list-style-type: none"> • 23: DIABETES LITERACY 	<ul style="list-style-type: none"> • 20: FINANCIAL LITERACY
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<ul style="list-style-type: none"> • <i>Recipe of the Month</i> 	<ul style="list-style-type: none"> • <i>Recipe of the Month</i> 	<ul style="list-style-type: none"> • <i>Recipe of the Month</i>
JULY	AUGUST	SEPTEMBER
<ul style="list-style-type: none"> • 4: SLEEP DISORDERS/SOCIAL WELLNESS MONTH 	<ul style="list-style-type: none"> • 8: OVERDOSE AWARENESS 	<ul style="list-style-type: none"> • 5: DOMESTIC VIOLENCE
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<ul style="list-style-type: none"> • 18: ELDER CARE 	<ul style="list-style-type: none"> • 22: DRUG ADDICTION 	<ul style="list-style-type: none"> • 19 SUICIDE PREVENTION
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<ul style="list-style-type: none"> • <i>Recipe of the Month</i> 	<ul style="list-style-type: none"> • <i>Recipe of the Month</i> 	<ul style="list-style-type: none"> • <i>Recipe of the Month</i>
OCTOBER	NOVEMBER	DECEMBER
<ul style="list-style-type: none"> • 10: BREAST CANCER/PROSTATE AWARENESS 	<ul style="list-style-type: none"> • 7: MILITARY FAMILY 	<ul style="list-style-type: none"> • 5: SEASONAL DEPRESSION AWARENESS
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<ul style="list-style-type: none"> • 24: FIRE PREVENTION 	<ul style="list-style-type: none"> • 21: BULLYING AND HARASSMENT 	<ul style="list-style-type: none"> • 19: HOLIDAY SAFETY
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